

# 23<sup>rd</sup> NATIONAL STUDENT CONVENTION

## SBMA Subic Bay Freeport Zone

October 18-23, 2015

### BADMINTON GUIDELINES

#### Singles (Male & Female)

1. Appropriate athletic clothing must be worn for all games. The Sports Dress Code will be implemented.
2. The racket used may be any commercially produced racket.
3. Tossed coin will determine choice of ends or service.
4. Scoring System:
  - A match consists of three sets.
  - First player to reach 21 points wins the set.
  - In case of a tie, the player who gains a two-point lead, wins the set.
  - A player who wins two consecutive sets, wins the game.
  - In case of a tie in the set won, the game will be decided on the third set.
5. Interval and Change of Ends
  - When the leading score reaches 11 points, players will have a 1 minute time-out.
  - A 2 minute rest between each set is allowed.
  - In the third game, players change ends when the leading score reaches 11 points.
6. Service
  - At the beginning of the set (0- 0) and when the server's score is even, the server serves from the right service court. When the server's score is odd, the server serves from the left service court.
  - If the server wins a rally, the server scores a point and then serves again from the alternate service court.
  - If the receiver wins a rally, the receiver scores a point and becomes the new server. They serve from the appropriate service court – left if their score is odd, and right if it is even.
7. The rules set by the Badminton World Federation will be implemented except for the sets to be played and the set point.
8. **PLEASE REFER TO THE [WWW.BWFBADMINTON.ORG](http://WWW.BWFBADMINTON.ORG) FOR FURTHER INFORMATION.**

**NOTE:** Remember that, although the matches will be scheduled, you should keep in close contact with the competition in case of unexpected schedule changes.

# BIBLE STORY TELLING COMPETITION GUIDELINES

## (MALE & FEMALE)

### PERFORMANCE EVENT

PLEASE REFER TO PLATFORM GENERAL GUIDELINES BEFORE PREPARING FOR THIS ENTRY

The contestant tells extemporaneously a story in the Bible. Stories can be downloaded from <https://www.biblestorytelling.org/> or for more tips on bible story telling you can buy from SOTP the book of Mr. John Walsh on Bible Storytelling.

1. The story must be from the Bible.
2. The contestant will indicate to judges to which age group he/she is speaking.
3. The story must not be memorized nor be read.
4. The contestant must not record his/her voice in place of live speaking.
5. Costumes are not allowed.
6. Hand movements and facial expression are allowed but dramatization is prohibited (the performer shall not use any props and shall remain in one location).
7. The duration of the story shall not exceed 6 minutes and the minimum is four (4) minutes. If competition piece does not meet the four (4) minute minimum or exceeds the six (6) minutes maximum time limit, the contestant will receive a .5-point deduction for any portion of thirty (30) second increments outside the allotted time.
8. Story telling shall be graded on the following criteria:
  - ✓ Content – How well the story adheres to the Biblical passages it is taken from and appropriateness to the target audience.
    - A. Effectiveness of overall narrative (1-10) points
    - B. Story appropriateness to target audience (1-10)
    - C. Flow of the Story (1-10)
  - ✓ Clarity – Enunciation and pronunciation of words and voice strength.
    - A. Enunciation (1-5)
    - B. Pronunciation/Diction (1-10)
    - C. Voice projection and inflection (1-5)
  - ✓ Presentation – Delivery, audience contact, body language, and gestures.
    - A. Approach/departure (1-5)
    - B. Posture and gestures (1-10)
    - C. Poise /self-confidence (1-5)
    - D. Facial expressions (1-10)
    - E. Audience rapport (1-10)
    - F. Delivery (1-5)
    - Proper documentation submitted (1-5)
9. Scoring of the judges will be final.

# TCHOUCKBALL GUIDELINES

## RULES:

- Fair play, harmony and respect for all (team officials, referees, team mates and especially the opposition) is a fundamental part of this game. (Including the audience.)
- A game is made up of three (3) time periods of 8 minutes with a 1 minute break between each period.
- A team shall consist of 7 - 15 players (including the team captain).
- Of the team of 15, only 7 may be on the playing field at any given time. The remaining team members are considered substitutes.
- A minimum 2 girls should be on the playing field at all times.
- No interference, no intimidation and no physical contact is allowed.
- No player is allowed to approach the table of officials/referees to air complaints.
- Time outs may be called only by the referees and only if there are injuries or technical problems.
- A maximum of 3 passes among teammates before a strike or the player bounces the ball on the frame.
- Ball may remain in the hands of a player only 3 seconds. The player must shoot or pass.
- A maximum of 3 steps may be taken while holding the ball.
- A maximum of 3 consecutive shots on the frame. After the 3<sup>rd</sup> shot, the ball must be shot on the opposite frame.
- Main referee's decision/call is final.

## AWARDING OF POINTS:

Team scores a point if the ball rebounding from the frame:

- Touches the field of play before a defender catches it.
- Touches a defender who fails to control it so that it falls on the floor or is knocked out of the field of play.
- Touches a defender on a part of the body below the knee.
- Touches a defender who is inside the forbidden zone (FZ) or outside the field of play, who enters the FZ or leaves the field of play to catch the ball or who runs through the FZ to take a defensive position.

**POINT GIVEN** to the defending team if:

- Player shoots the ball and misses the frame.
- The ball shot rebounds from the frame, falls out of the field of play or into the FZ.
- Player shoots the ball and the ball rebounds onto him

**At the end of the allotted time, the team with the most points wins the match.**

**ATTIRE: BOYS-** Top: Round necked, sleeved shirt (collar not required)  
Shorts: below (covering) the knee  
Knee pads

**GIRLS -** Top: Round necked, sleeved shirt (collar not required)  
Coulotte's covering the knee  
Knee pads

**All coaches and team members must attend the General Orientation for Tchouckball.  
Non attendance at this meeting forfeits the privilege of competing.**